

## HEALTH CARE in EL SALVADOR

### Hospital Emergency Rooms

Hospital de Diagnostico y Emergencias (ESCALON)  
Paseo general Escalon y 99 Norte Plaza Villavicencio  
Phone 2264-4422

Hospital de la Mujer (for Obstetrical and Gynecological)  
Btwn 81 & 83 Ave. Sur Calle Juan J Canas Colonia Escalon  
Phone 2555-1200

Hospital Militar Central  
Avenida Bernal y Calle Constitucion  
Phone 2250-0080  
Emergency Room 2274-6067

Hospital Centro Pediatrico (Private pediatric hospital downtown)  
2a Diagonal #222  
Phone 2530-2000  
Emergency Room 2217-3012

### Environmental Hazards & Precautions

#### Water

Tap water is not safe to drink in El Salvador. Drink commercial bottled water only. Remember that commercial bottled water does not contain fluoride. Fluoride supplements are advised for children up to age 16.

If traveling to other countries or remote areas, follow one of the recommended methods to disinfect water when you doubt its safety. Tap water should be boiled three minutes and if cloudy, passed through a high-tech filter (the double-canister PentaPure brand has been widely used at Missions in Africa). When traveling in remote areas, filter the water with a high-tech system (as used by campers), boil the water, or add 8 drops of Clorox per gallon and wait about 30 minutes before drinking. Unfortunately, chlorine alone does not kill all pathogens whereas boiling usually will. Iodine tablets are no longer recommended, as repeated use can affect the function and histology of the thyroid gland.

#### Food Safety

Leafy vegetables (so difficult to clean thoroughly) frequently carry gastrointestinal bacteria and parasites. To increase your safety, it is recommended that **all uncooked vegetables and fruits** (fruits that are not peeled) be treated in the following manner:

- 1) Wash thoroughly with tap water, and even soap spray, to rinse away dirt and pesticides;

- 2) Put 2 tablespoons of Clorox in a gallon of water and soak the vegetables for more than 20 minutes;
- 3) Rinse thoroughly with **bottled** water.

Buy only pasteurized milk, cheese, and mayonnaise. Eating an unpasteurized product risks exposure to tuberculosis, listeriosis, salmonella, and other serious bacterial infections.

El Salvador has a wonderful variety of fish and other seafood. While most seafood is safe to eat, oysters, mussels, and clams may be contaminated with bacteria and viruses at sites where untreated sewage flows into the sea. These items perhaps should be avoided.

The ways you can decrease the risk to yourself and your family fall into five categories:

1. Keep the kitchen clean.
2. Temperature is the single most important safety factor: keep foods hot (> 140 degrees F) and cold foods cold (< 40 degrees F). If food is left out at room temperature for four or more hours, it may be spoiled (buffets can be dangerous). If defrosting foods overnight, leave them in the refrigerator, not on the kitchen counter.
3. Check all items coming into the kitchen:
  - a. Cans—Are they swollen, musty, leaking?
  - b. Frozen foods—Color change, dried out, extra ice on package?
  - c. Meats/poultry/fish—Slimy, discolored, sticky, odor?
  - d. Eggs—cracked?
4. For storage, remember first in should be the first out.
5. Use separate cutting boards for poultry, for meat, for pork, for fish, for vegetables.
6. Train domestic help in the proper handling of food and personal hygiene. Surprise them with periodic, unannounced spot-checks of their handling of food and water. Remind them to wash their hands after touching meats, poultry, and eggs and after use of the bathroom. They should not work if sick, especially if they have a respiratory illness, gastrointestinal illness, or open sores on their hands.

### **Diarrhea**

Traveler's diarrhea is not an inevitable rite of passage but it is very common. While short term use of a preventative antibiotic has sometimes been advised for vacationers, use of antibiotic prophylactically is not recommended for long term.

Bacterial diarrhea starts with ingestion of contaminated water or food. The following are typical sources: water (watch out for ice cubes, freezing does not immediately kill bacteria), uncooked vegetables, fruits that were peeled and sliced by someone else, eggs (including homemade mayonnaise), poultry, and unpasteurized dairy products (which may carry tuberculosis). The food is probably safe if it meets the "Rule of P's:" peelable, packaged, purified, or piping hot.

Food that has been left out for more than four hours without being kept hot (above 140 degrees Fahrenheit) or cold (below 40 degrees Fahrenheit) may become culture media for bacteria. As the bacteria replicate, they produce toxins. These toxins are often not destroyed by reheating the food. "Food poisoning" is a common term used to describe the acute symptoms caused by these toxins. Four to eight hours after ingestion, there is the onset of repeated vomiting and watery diarrhea, which usually lasts 12 to 24 hours. Some seafood may also contain toxins that cause marked vomiting and diarrhea for about the same length of time.

Infected food handlers, who fail to wash their hands, may also contaminate food. Make sure that the housekeeper/cook at home washes his/her hands after using the bathroom, smoking (which shouldn't be permitted), touching the nose or mouth, and after handling eggs and poultry. Eggs and poultry frequently carry salmonella, so everyone who handles these should immediately wash their hands afterwards.

Because bacteria needs time to proliferate in the gut, it usually takes a minimum of eight hours, more often 48 hours, after the ingestion for the illness to start. Diarrhea is defined as four or more unformed stools within 24 hours. Some bacteria (such as cholera) have toxins that can cause the bowel to leak large quantities of fluid, leading to dehydration. E.coli and shigella may cause bloody diarrhea.

Okay.....so there was just a little dietary indiscretion—followed by the frequent scampers to the bathroom. The abrupt onset of watery diarrhea, with or without nausea and vomiting, fever, muscles aches (like the flu), and a grumbling stomach may be an acute bacterial diarrhea. (Occasionally in adults, and more common in children, a virus rather than bacteria causes these symptoms.) To treat this disaster, first replenish fluids. Oral rehydration salts mixed in juice, Gatorade, Pedialyte, a self-prepared concoction of water with ½ tsp salt, ½ tsp baking soda, ¼ tsp salt substitute, 2 tsp of sugar or honey, or simply mineral water while eating saltine crackers, will suffice to restore some of the fluid and salts lost. Avoid taking imodium as it may make your illness worse!

Secondly, if running to the bathroom frequently, it is strongly advisable to also run to a medical unit. You may be asked to produce a fresh stool sample to take to the lab. What is fresh? One that reaches the lab within 45 minutes of collecting it. Much can be read from a stool result as there can be evidence of parasites, of white blood cells from a bacterial cause. Additional labs can test for virus and salmonella. Based on your symptoms and/or your lab results you will be prescribed the appropriate medications which may include an antibiotic. If left untreated, the mean duration of diarrhea is 3.6 days. But about 10% of the time, a bacteria-caused diarrhea can last more than a week.

If the diarrhea resolves, but returns two to three weeks later, without nausea, vomiting, fever, or muscle aches, the patient should return to a health unit. The patient may have acquired an intestinal parasite at the same time as the bacterial diarrhea. The most common intestinal parasites causing diarrhea among people living in Central America are

giardia lamblia, ameba (e. Histolytica), and blastocystis hominis, acquired from the same sources as the bacterial causes. These parasites generally cause soft to watery stools without fever, vomiting, or muscle aches. Intermittent abdominal cramping occurs. Ameba is the most serious of these three, as it can occasionally crawl out of the intestine to set up house in the liver, lung, and other areas of the body.

Giardia is treated with a one or two-day course of tinidazole, but ameba and blastocystis will require two different drugs taken over 10 to 14 days, usually tinidazole and either paromomycin or iodoquinol. Do not take antidiarrhea medications such as Imodium unless instructed by a medical professional as it could make the diarrhea worse.

Don't let adventure travel also be accompanied by adventurous eating. Boil it, cook it, peel it, or forget it!

### **Dengue Fever**

Dengue, first described as “breakbone fever” by Benjamin Rush in 1780, is a mosquito-borne virus, with four strains affecting humans, Types 1 to 4. The worldwide range of dengue fever has increased drastically in the past 35 years, with 2.5 billion people now living in high-risk areas.

Dengue causes fever, headache, muscle and joint aches, a flush-like rash at 1-2 days and a measles-like rash at 3-5 days, and sometimes respiratory symptoms or nausea and vomiting. Most persons are ill for 10-14 days. By the end of the illness, the individual has developed immunity to the specific strain of dengue that infected them. However, they still remain susceptible to the other types. About one in 300 who gets a subsequent dengue infection will develop dengue hemorrhagic fever, a life-threatening illness, beginning the fourth to ninth day.

There is no specific vaccine or treatment for dengue fever. Prevention means stopping mosquito bites. Eliminate standing water where the mosquitoes breed. Use a DEET insect repellent with a concentration of at least 30% to 35%.



### **Mosquito control measures:**

- Eliminate breeding places of mosquitoes.
- Empty containers that hold water.
- Keep flower vases clean by emptying and washing them at least once a day.

- Make certain all outside drains are clear and running freely with no pooling.
- Check drainage trays of air conditioners to see that they are not blocked.
- Use insect repellents freely, especially when outdoors.
- Bring your children in from outside before dusk.
- Wear protective clothing.
- Screen sleeping or living quarters.
- Use mosquito nets if bedrooms are not screened.
- Have the maid keep the laundry sink free of standing water

## Malaria

Malaria is an infection of the red blood cells caused by one of four different species of parasites carried to humans by mosquitoes. Common symptoms of malaria include high fever, shaking chills, body aches and headache. The most serious malaria type is *Plasmodium falciparum* that can rapidly progress to coma and death. Malaria caused by *P. falciparum* usually occurs about 10 to 12 days after infection. Some of the malarial parasites are resistant to chloroquine, which has been used for years for the prevention and treatment of malaria. Any person with a febrile illness who lives or has traveled in a malarial area should seek medical assistance immediately

**In El Salvador**, there is minimal risk (predominately due to *P. vivax*, a milder form) in the rural areas of Ahuachapan, Santa Ana, and La Union departments. If you will be spending prolonged periods in these areas, consider taking Chloroquine as it does protect against malaria in Central America. Also recommended are personal protective measures.

### Personal Protective Measures:

- ◆ Use insect repellents containing at least 30-50% DEET (N,N-diethylmetatoluamide) and apply sparingly at 4 hr intervals. DEET is safe to use in children.
- ◆ Wear long sleeves and long pants.
- ◆ Spray clothing with permethrin repellent (Permanone) Do not apply permethrin to the skin.
- ◆ Stay indoors, preferably in air conditioning, at dusk when the mosquito is most active.
- ◆ Sleep in an air conditioned room, screened room or in mosquito netting.
- ◆ Check your room at night to eliminate any lurking mosquitoes.
- ◆ Use flying insect spray containing pyrethrum in living and sleeping areas.

## Yellow Fever

Yellow fever is not a problem in Central America except for a few outlying areas in Panama. Symptoms are acute onset of fever followed by jaundice within two weeks of onset of first symptoms and one of the following: 1) bleeding from the nose, gums, GI tract or skin or 2) death within 3 weeks of illness onset (PAHO).

Vaccination is not required to enter this country but is required for those traveling to South America or Africa. Yellow fever immunizations need to be repeated every 10 years.



## Chagas Disease

This illness is caused by the Reduviid bug.

It can manifest without symptoms and can cause organ damage or it can become a nonspecific viral like illness lasting up to 8 weeks. Diagnosing the infection and treatment are important. Therefore, people who are permanently departing post and who are at risk, will be tested which requires a blood sample.

People who are risk include the following:

- (1) Individuals who adventure travel to remote parts (e.g., camping, hiking, jungle dwelling) of high endemic regions.
- (2) Individuals who reside during village visits in thatched adobe housing in high endemic regions.
- (3) Individuals who drink unpasteurized juices in any endemic area of Central or South America
- (4) Recipients of blood transfusion or organ donation from any endemic area of Central or South America.
- (5) Persons who see reduviid bugs in their housing or dwelling places. For more photos, see:  
<http://www.inhs.uiuc.edu/~sjtaylor/reduviidae/ReduviidPics.html>

### **Traffic Accidents/Safety**



Use extreme caution when crossing streets in San Salvador. Traffic does not stop for pedestrians. Teach your children age appropriate car safety rules. Set a good example. Keep car doors locked at all times.

**Always wear a seatbelt.** Seat belts and child safety seats provide the single greatest margin of safety in an accident. Children should be in car seats until they weigh at least 40 pounds. Because of potential injury from airbags, infants placed in the front seat should be facing the rear. It is safer to keep children in the back seat.

### **Personal Safety**

Use the buddy system. Inform family and friends of your activities. Don't wear expensive jewelry in public. Be alert to your surroundings. Report suspicious persons. Don't carry large sums of money. Use extreme caution at local ATM machines. Use only taxis recommended by the Embassy.

### **Heat & Sun Exposure**



Salvador can be hot and humid! When heat is excessive, there is the danger of heat-related illnesses (heat cramps, heat exhaustion and heat stroke). To alleviate heat cramps stop the activity, stretch muscles, and drink fluids with re-hydration salts, such as Gatorade. Heat exhaustion is associated with dehydration and can be prevented by adequate fluid intake. Heat stroke usually occurs during vigorous exercise in very hot weather and may occur suddenly. There is an abrupt deregulation of body

temperature, resulting in extremely high fever, loss of consciousness, and seizures. Those engaging in strenuous physical activity, especially at mid-day and when unaccustomed to vigorous exercise, need to be aware of “overheating.” Stop the activity to drink fluids and cool down before heat stroke strikes. Persons with heat stroke require hospitalization.

### **Earthquakes**

Earthquakes and tremors are common in El Salvador . Preparation for any natural disaster should include these basic items:

- A bottle of Clorox to purify water; pots for boiling water; buckets for catching rain water
- An emergency supply of food
- Tools (for turning off gas lines)
- Flashlights and batteries (You may find yourself in the dark!)
- Sleeping bags and a tent
- Whistle
- An outdoor grill or camping stove and matches
- Soap and toilet paper
- Heavy duty garbage bags
- A battery-powered radio
- A first aid kit and first book

Household members should know how to turn off the electricity, gas, and water.

### **During an earthquake**

- Take cover under a desk or table
- Use pillows or other item to protect your head. If in bed, stay on the bed.
- If in the shower, sit down.
- If in the kitchen, turn off the stove and move to a safer location
- Move away from glass doors, large windows, mirrors, file cabinets, bookshelves, any object that might fall
- Do not rush outside if there is a risk of falling debris
- If outside, move away from buildings, power lines, and trees. Do not attempt to touch or move fallen power lines.
- If driving, stop, pull to the side of the road, but drive from under an underpass and do not stay on a bridge.

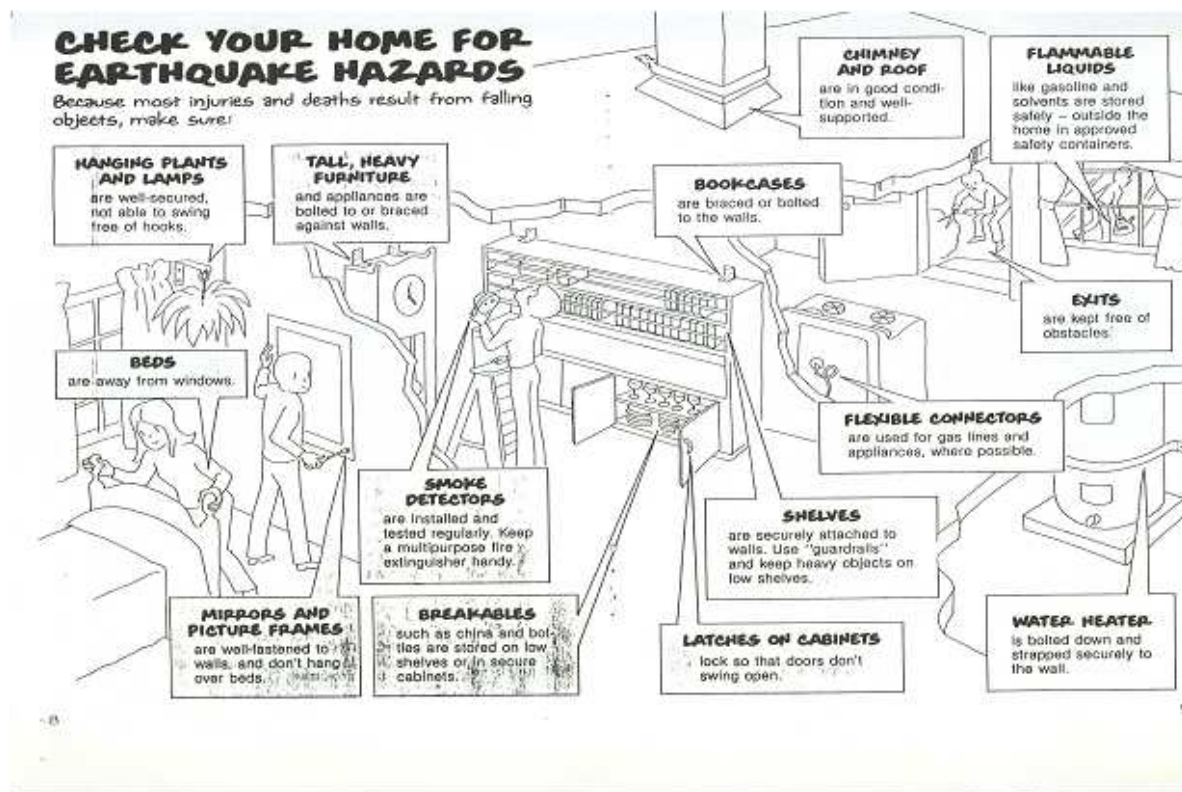
### **Earthquake Standards**

After an earthquake:

- Assess your situation. Administer first aid, if needed.
- Wear thick-soled shoes to protect your feet.
- Shut off the electricity and gas. Do not light matches or trip circuit breakers in the house until it is certain that there are no gas leaks.
- Check to see if the water and gas mains and the electrical installations have been damaged. Use caution when opening cupboards and closets.
- Do not use the toilet until certain that the sewer lines are intact.
- Consider moving to an outside space. There may be many aftershocks!



- Turn on the radio and listen for information.



## KNOW WHAT TO DO DURING AN EARTHQUAKE

Keep these 2 rules in mind:

**1 STAY CALM**

**2 TAKE TIME TO THINK**

### IF YOU'RE INSIDE:

- STAY inside.
- GET AWAY from windows, bookcases, appliances, chimneys and mirrors.
- TAKE COVER in a "safe spot" – under a sturdy table, desk, door frame or in a corner.
- CROUCH and PROTECT your head.
- DON'T USE elevators – stay on your floor.
- DON'T RUSH for exits if in a store or theater.

### IF YOU'RE OUTSIDE:

- STAY outside.
- MOVE to an open area – away from buildings, trees and power lines.
- TAKE COVER in a doorway away from overhangs, if you're on the sidewalk near buildings.

### IF YOU'RE IN A CAR:

- PULL OVER and stop.
- DON'T STOP on or under bridges, underpasses or power lines.
- STAY inside the car.

## TURN OFF YOUR UTILITIES SAFELY

if you suspect any damage or leaks.

### GAS

- OPEN windows.
- DON'T USE matches, telephone or light switches.
- SHUT OFF main valve – usually next to meter.
- LEAVE home if there's a leak.
- CONTACT the gas company, using a neighbor's phone.
- DON'T REENTER your home until the gas company says it's safe.

### ELECTRICITY

- SHUT OFF main switch. (Leave on if you suspect a gas leak.)
- DON'T TOUCH broken or damaged lines, damaged appliances.
- CONTACT the electric company (use neighbor's phone if you suspect a gas leak).
- DON'T USE electricity until the electric company says it's safe.

### WATER

- CHECK sewage lines before using toilet.
- FILL bathtub or other container with water in case service is disrupted.
- SHUT OFF water at main valve (where water enters home) – if you suspect any damage. Be sure to shut off water heater, too.

## **Rabies**

Human rabies has occurred in this part of the world and none of the countries in Central America have a vigilant animal rabies vaccination program. This viral infection can infect any mammal but those animals at particular risk are dogs, cats and certain wild animals. Bats are high risk for rabies transmission. They are most active at night in the jungle but can be found in the city. They tend to bite on the forehead, fingers and toes. Often the victim sleeps through the “attack” and wakes to find blood or a scratch mark. If you even suspect a bat bite, seek medical treatment immediately. Use a mosquito net when camping outdoors or sleeping in unscreened rooms.

All animal bites must be taken seriously! Any person sustaining a bite from an animal should immediately:

- \* Clean the wound thoroughly for 10 minutes with soap and water.
- \* Impound the animal, if possible, so that it can be observed for 10 days.
- \* Seek the advice of a health professional to assess the need for pre or post-exposure rabies vaccine.

Rabies is a lethal viral disease. The virus travels in nerves from the bite site to the brain. Young children, who often like to play with pets, may get infected after minor bites and scratches and not report the injury to parents. The Health Unit recommends that all children under ten years of age receive that three-shot rabies vaccination series. The modern rabies vaccine is safe and effective.

If the bitten person has had the pre-exposure rabies vaccinations, then only two booster shots are required. If exposed individual has not had the pre-exposure anti-rabies vaccinations then he will require injection of rabies immune globulin into the wound site and intramuscularly and a four-dose rabies vaccination series.

## **Insects, Scorpions, & Snakes**

Central America has only two potentially lethal insects: the black widow and brown widow (or brown recluse) spiders. Other spider bites simply cause an area of skin redness, swelling, and pain or itchiness. Tarantulas live in Central America but these very large spiders are not lethal. Fire ants bite, inject mild venom, and leave a mark similar to a spider bite.

Scorpions are not aggressive but will sting if threatened by a human nearly stepping on them. The scorpions found in El Salvador are not terribly poisonous. The sting may leave a mark similar to a spider bite. The more poisonous varieties are found in Mexico.

The seven poisonous snakes include the vipers, bushmaster, and coral species. If bitten by a poisonous snake, limit activity and have someone take you to the hospital as soon as possible. Many hospitals have anti-venom available. Up to this time, no poisonous snake has bitten an official American.

Among the biting-stinging population there are several which can cause more than an itchy bite. Beware of caterpillars that are hairy or spiny. The hair conceals spines that when touched release toxins that cause severe pain and sometimes swelling. Please warn children not to touch the caterpillars. They are usually attracted to the colors and fluffy hair.

When visiting the beaches or jungle areas, use insect repellent. It is easier to avoid insect bites than to find relief from the intense itching of chigger bites, sand fleas, and mosquito bites. Treatment is usually aimed at preventing infection and relieving itching. Clean the bite first; sometimes wiping it with alcohol will alleviate itching. When itching persists, calamine or caladryl lotion might be useful. In extreme situations such as swelling or breathing difficulties, a systemic antihistamine like Benadryl may be indicated. Anytime there is difficulty breathing, seek professional medical help immediately.

## **Immunizations**

### **Hepatitis A Vaccine**

Hepatitis A is a viral infection transmitted by fecal contamination of food and water. It is recommended that grantees receive this vaccine.

### **Hepatitis B Vaccine**

In adults, Hepatitis B immunization is recommended for certain high-risk groups based on occupation, life-style risk factors, and those individuals having intimate contact with potentially infected persons in areas where there is a high prevalence of Hepatitis B carriers. Children in the U.S. now receive the vaccine routinely.

### **Meningococcal Vaccine**

Meningitis is an infection of fluid surrounding the brain and spinal cord. It can also cause blood infections. Meningococcal vaccine is recommended for college freshmen living in dormitories; U.S. military recruits; travelers or residents in parts of the world where meningitis is common; individuals with a damaged or removed spleen; or anyone exposed to meningitis during an outbreak. This vaccine is now recommended for all children at their preadolescent visit (11-12 years of age). For children who have never received the vaccine, a dose is recommended before entering high school.

### **Rabies Vaccine**

Rabies human diploid cell vaccine (HDCV) is recommended for pre-exposure use by personnel posted in regions where there is an increased risk of being bitten by a rabid animal. This vaccine may be administered to all ages. When bitten by a potentially rabid animal, even those persons who have received a pre-exposure rabies immunization need evaluation for post-exposure immunization and should contact the post health unit as soon as possible. Since rabies is endemic in El Salvador, the individual who plans frequent outdoor activities should consider receiving the pre-exposure vaccine.

### **Typhoid Vaccine**

The Typhoid Vaccine is recommended for individuals posted in most of Central America as they will have prolonged exposure to potentially contaminated food and water. There is an estimated 70% protective with this vaccine and those vaccinated should still use care in selecting food and water.

### **Yellow Fever Vaccine**

Yellow Fever Vaccine is required for those traveling or living in Panama and areas of South America and Africa where Yellow Fever infection is reported. Many of these countries will require an International Certification of Vaccination to be completed, signed, and validated by a certified immunization center and will not allow entry without it. Vaccination is valid for 10 years. Yellow Fever vaccine is not required for entry into the country. However, some grantees with job-related travel will require this vaccine to re-enter Central America or the U.S. after travel to a country where yellow fever disease exists.

<http://www.cdc.gov/vaccines/recs/schedules/child-schedule.htm>

## **LOCAL HEALTHCARE PROVIDERS**

The Embassy has compiled the following list of health care providers. Many of them have had training overseas, are familiar with U.S. medical care, and have a reasonable command of English.

The list is not meant to be exhaustive or definitive nor does it represent either a guarantee of competence or endorsement by the Department of State or the US Embassy. It does indicate that the Embassy Community has utilized them in the past. Retention on this list depends upon a combination of factors including availability, training, and positive assistance in previous consultations, etc.

## **PHYSICIANS**

### **POST MEDICAL ADVISOR**

Tel: 2263-5572/5454 2263-4548

Fax: 2263-5574/5454

### **Dr. Miguel Moreno**

Cellular: 7883-0179

*Gastroclinica Escalon*

Home Phone:

*Edificio Villavicencio, 2a Planta,*

Email: [jmoreno.gastro@gmail.com](mailto:jmoreno.gastro@gmail.com)

Paseo General Escalón y 99 Ave Norte

English: Good

Hours: Mon-Friday 11am-12pm; 3:30-6pm

No appointments Wednesday afternoons

**Dr. Edgar Gerardo Sol Monterrey**

*Clinicas del Sol - 79 Calle Poniente*

Btwn 87 y 89 Ave Norte Residencial

Fountain Blue, Local 4-F

Hours: Monday thru Friday 07:30-1:00 pm

And walk-in 2:00-6:00 pm Saturday

Telephone: 2211-2537

Pager: 2210-1155, unit 91441

English: Good

**ALLERGY**

**Dra. Carmen Bermúdez**

*Clinica de Alergia e Inmunología Pediátrica*

Centro Comercial Villas Españolas Puerta de  
Alcalá 2a Planta, Local B-17 Paseo General  
Escalón.

Hours: Monday thru Friday 10:30-12:00 pm

And walk-in 2:00-6:00 pm Saturday

Telephone: 2263-7918 and 7836-4821

English: Good

**CARDIOLOGY**

**Dr. Hugo Villaroel**

Plaza Villavicencio, 2nd Floor, Local #12,

99 Ave Norte, Paseo General Escalon

Hours: Monday through Saturday

10:00 am-12:00 & 2 - 7:30 pm

Telephone: 2264-1904; 2264-1910

Fax Number: 2264-1904; 2264-1904

Cellular: 7885-4138

English: Good

**Dr. José Arturo Gomez Hecht**

CLINICA INSACOR,

73 Ave Sur #232 Col. Escalón

Hours: Monday through Saturday

10:00 am - 12:00 pm and 2 - 7:30 pm

Telephone: 2555-3700

Fax Number: 2224-0407

Cellular: 7886-0165

English: Good

E-mail: jagomez\_2006@yahoo.com

**Dr. Joaquin Esquivel**

*Hospital de la Mujer*

Btwn 81& 83 Ave. Sur Calle Juan J Cañas,

Col Escalón

Hours: M-F 11 am- 4 pm, except Tuesdays

Telephone: 2264-5110/5111

Cellular: 7888-2093

Home phone: 2298-6540

English: Good

**Dr. Jose Mauricio Velado**

**Pediatric Cardiologist**

*Plaza Villavicencio*

3er Piso, Local #9, Paseo General Escalón

Telephone: 2263-6387

Cellular: 7736-5777

English: Good

**DERMATOLOGY**

**Dr. Guillermo Menendez**

Col. San Benito Pasaje 6 #115

Hours: Monday - Friday 9:30am-12:45 pm

& 3:30 p.m. to 6:30p.m.

Telephone: 2223-6193, 2298-2021/12

Fax Number: 2223-6654

Home Phone: 2263-0974

English: Good

**Dr. Guillermo Parker**

Calle La Mascota, Casa #152

Hours: Monday - Friday 9 am- 12:00 pm  
and 3:00 p.m. to 6:00 p.m. except Wednesday

Telephone: 2224-5688, 2224-5900, 2224-5699

Emergency: 2298-3157

Fax Number:2224-1845

Home Phone:2243-5860

English: Good

**Dr. Mauricio Vázquez**

81 Ave Sur, Calle Padres Aguilar #303,

Colonia Escalón.

Hours: Mon, T, Th Fri 10:30 to 12:00 pm 3:00 to 6:00 pm

Wed: 9:00-12:00 am 3:00 to 6:00

Sat. 9:00 to 12:00 pm

Telephone: 2263-3543, 2263-1952

Cellular: 7861-4759

Home Phone: Private

English: Good

**EAR, NOSE, & THROAT**

**Dr. Jose Mauricio Alfaro Monge**

7ª Calle poniente #4845 Col. Escalon Entre 93 y 95  
Ave. norte #4905

Hours: Tues & Thurs. 3:30 p.m.- 6:00 p.m.

Other days call the secretary for appointment.

Telephone: 2264 0501

English: Good

**EAR,NOSE, & THROAT (cont)**

**Dr. Claudia Cruz**

Pje. Dordelly #4414 entre 85 y 87 Ave. Norte Col.

Escalón frente Restaurante Hola Beto's de la Escalón.

Hours: Tues & Thurs. 3:00 p.m. to 6:00 p.m.

Telephone: 2263-7535

Cell: 7060-5221

English: Good

**Dr. Edgar Orlando Segovia**

*Hospital de Mujer*, entre 81 & 83 Ave. Sur

Calle Juan J Cañas,Col Escalón

Telephone: 2264-3346; 2265-1212, ext. 314

English: Good

**Dr. Gerardo Rene Barillas**

Pasaje 4, #120, Colonia Ávila

Telephone: 2224-1720

FAX: 2223-0678

**ENDOCRINOLOGY**

**Dra. Lourdes Jarquin**

3ª Calle pte entre 83 y 85 Ave Norte #4310 Col. Escalon.

Hours: Tues & Thursd 3:00 - 6:00 pm

Telephone: 2257-9444

English: Good

**Dr. Nestor Caceres Agreda**

81 Ave. Sur #103 Col. Escalon, contiguo a

Hospital de la Mujer

Hours: Mon.– Fri. 9:30 a.m.- 12:00 p.m.

& 3:00 - 6:00 pm

Wed. No consultations. Sat 9:30 am - 12 pm

Telephone: 2283-0190 & 2263-5222 ext 24

Cellular: Call 2263-5222 & have him paged

English: Fair

**Dr. Rene Alfredo Benitez Campos**

3ª calle pte #4813 Col. Escalon

Hours: Mon.–Fri. 8:00am-1:00pm & 3:00 3:30

Friday 8:00 to 10:30 3:00 to 6:00

Saturdays 8 am-12:00pm Appointments only

Telephone: 2263-6392; 2226-4197

**Dr. Carlos Alvayero.**

*Clinica Insacor*, 73 Ave. Sur #232 Col. Escalon

Hours: Mon, Wed, Thurs 9:30am-12pm & 3:30 to 5:30 pm Tuesdays: 11:00 to 12:00

& 3:30 to 5:30 pm

Fridays 10:30 to 12:00 & 3:30 to 5:30 pm

Saturdays 8:30 am-12:00pm Appointments only

Telephone: 2555-3700

Fax Number: 2224-0407

Cellular: 7840-2142

**Dr. Rafael Gonzalez Paz**

*Pediatric Endocrinologist*

*Clinicas de Diagnostico Escalon*

3a Calle Poniente # 4813, Colonia Escalon

Hours: Mon, Tues, Thurs 2-6pm. Friday 10:30-12pm and 2-6pm. Saturday 9am-12pm

Tel. 2263-1163 Cellular: 7886-3078

English: Fair

**Dr. Renato Matamoros (Tricare)**



***Centro de Clinicas Escalon***

***Edificio Villavicencio***

1a Planta, Paseo Gen Escalon y 99 Ave Norte

Hours: Mon-Friday 9:30 am-12:30 pm

Telephone: 2263-6398; 2264-5183

Cellular: 7887-6277

Home: 2263-0789

English: Good

**GASTROENTEROLOGY**

**Dr. Miguel Moreno**

***Gastroclinica Escalon***

Edificio. Villavicencio, 2a Planta, Local #2-30,

Paseo General Escalón y 99 Ave Norte

Hours: Mon. – Fri. 11:00a.m. - 12:00 pm

& 3:30 p.m. - 6:00 p.m. [Wed. a.m. only]

Telephone: 2263-5572; 2263-5454

Fax Number: 2263-5574/5454

Cellular: 7883-0179

Email: jmoreno\_gastro@telesal.net

English: Good

**GASTROENTEROLOGY (cont)**

**Dr. Francisco Arevalo Molina**

***Gastroclinica***

Edificio. Villavicencio, 2a Planta, Local #2-30,

Paseo General Escalón y 99 Ave Norte

Hours: Mon. – Fri. 10:00 a.m. - 12:00 p.m.

Afternoons from 3:00 p.m. - 5:30 p.m.

Telephone: 2263-5454

Cel: 7749-1781

Fax Number: 2263-5574

Home Phone: 2263-0588

English: Fair

**Dr. Mauricio Cromeyer**

***Edificio Villavicencio, 2a Planta***

Paseo General Escalón y 99 Ave Norte

Hours: Monday-Friday mornings 10am - 12:00pm

Afternoons: 3:30 - 6:00p.m; Sat. 10a.m.- 12:00p.m.

Appointments

No Appointments on Wednesdays

Telephone: 2264-6111 2264-4688

Fax Number: 2264-4688

Cellular: 7886-4537

English: Good

## INFECTIOUS DISEASE

**Dr. Roberto Arturo Zablah C.**

**Pediatric Gastroenterology & Nutrition**

*Clinica Multipediatrica*

Hours: Mon-Thurs-Fri 9:30am - 12:00pm

Tues: 10:00 to 12:00 & 3:00 to 6:30 pm

Wed 10:00 12:30 Only Mornings

Appointments Only

Sat: first come first serve.

81 Ave Norte 5<sup>a</sup> Calle Poniente # 4208

Colonia Escalon

Telephone: 2264-3426 & 2263-5719

Fax: 2263-5719

Cellular: 7730-5109

## HEMATOLOGY/ONCOLOGY

**Dr. Alvaro Menendez Leal**

*Edificio Villavicencio 2a Planta*

Paseo General Escalón y 99 Ave Norte.

Telephone: 2264-4688/2235-0968;

Cellular: 7871-4267

English: Good

**Dr. Rolando Cedillos**

*Edificio Villavicencio 3a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Afternoons Monday thru Friday

Telephone: 2263-6386/6387;

Emergencies: 2210-1122

English: Good

**Dr. Joaquin Viana**

Col. Medica Pasaje Dr Roberto Valdez

A 10 Metros de Farmacia Uno

Hours: M-F 4:30 pm to 6:30 pm

Tel.: 2541-6006

Cel: 7829-1500

English: Fair

**Dr. Jorge Panameno**

Pasaje Verde #540, Colonia Escalon

Entre 7a y 9a Calle Poniente

Hours: Mon-Fri 9am-1pm & 3pm-7pm

Saturday 8 am – 12 pm

Tel: 2264-3451

Cel: 7786-2134

English: Fair

## **NEPHROLOGY**

### **Dr. José Benjamín Ruiz Rodas**

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: 11am - 12:00 pm & 1 - 6:00 pm

Telephone: 2263-2393 2263-2439

Fax Number: 2263-2431

Cellular: 7874-4741

Home Phone: 2263-2431

Email: jbruiz@telsal.net

English: Good

Frente ex-Embajada Estados Unidos  
Colonia Médica  
San Salvador  
Tel.: (503) 2225-3256  
Fax: (503) 2225-3256

English: Good

### **Dr. Luis Gonzalez Sanchez**

**Neurologist & Neurophysiologist**

**Does Sleep Studies**

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Mon-Fri 8 am-12 and 3-6 pm

Telephone: 2263-6398

Cellular 7836-1213

Home Ph: 2272-4426

English: Good

### **Dr. Hector Jose Castaneda, Neurologist**

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte,

*Centro de Clinicas Escalon*

Hours: Mon.-Fri. 8:00am-12:00pm (no aftrns)

Telephone: 2263-6398; 2264-5183

Home Phone: 2273-0300

English: Good

## **NEUROLOGY**

### **Dr. Ricardo Alvarega Quezada**

Medicentro La Esperanza Edificio I Local 216  
25 Avenida Norte

**Dr. Claudia Valencia de Mena**

**Pediatric Neurologist**

*Edificio Villavicencio, 1a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Mon, Tues, Thurs, Fri: 3:30-6:30 pm

Wednesday: 11:30 am – 1:30 pm

Telephone: 2263-6398

Cellular: 7888-0006

English: Good

**Dr. Francisco Antonio Sansivirini**

Diagonal Dr. Luis Edmundo Vásquez, # 425

2ª. Planta, Colonia Médica, San Salvador

Tel.: (503) 2235-0969

Tel.: (503) 2226-5111

**Dr. Ernesto Herrera Magana**

Clínica de Neurocirugía

Villavicencio Plaza Local 1-12

Paseo General Escalón y 99 Avenida Norte

Tel.: (503) 2264-1954

Fax: (503) 2264-1954

Cel.: (503) 7888-7199

Beeper: (503) 2210-1122 unidad 72774

**NEUROSURGERY**

**Dr. Manuel Antonio Guandique**

*Villas Españolas, Local C-11, Colonia Escalón*

Hours: Mon.-Fri. 10 am-12:pm & 3:30-5:00pm

Telephone: 2264-1737

Fax Number: 2263-6564

Cellular: 7887-2969

Pager: 2298-1122 Unit # 9491

Home Phone: 2273-4330

English: Good

**OBSTETRICS & GYNECOLOGY**

**Dra. Ana Cecilia Patiño de Medina**

79 Ave. Sur Calle Juan José Cañas #208 Col. Escalón

Hours: Mon. - Fri. except Wed. 3:30 - 6:00 pm

Saturdays 9:00am - 12:00pm

Telephone: 2555-1200

Fax Number: 2208-7587

Cellular: 7887-9164

English: Good

**Dra. Myriam Saprissa**

99 Avenida Norte #542, Colonia Escalon

Hours: by appointment only

Telephone: Escalon: 2263-4160

Colonia Medica Clinic: 2225-7149 or 2226-4104

Cell phone: 7877-4626

Home: 263-4262

English: Good

*Grupo Medico Burgos*

*1ª calle poniente & 87 Ave Norte #13 Col Escalon.*

Hours: 8:00 am to 5:00 pm

Telephone: 2263-2103 & 2263-2979

Fax: 2263-2103

Cell: 7890-2615 & 7899-5261

English: Good

## **OBSTETRICS & GYNECOLOGY (cont)**

**Dr. Jorge Zavaleta**

**Dr. Raul Mauricio Ramirez Lima**

*Hospital de Mujer*, between 81 & 83

Avenida Sur Calle Juan J Cañas, Col. Escalón

Hours: 9:30am - 12:00pm & 4:00 pm - 6:00 pm

Telephone: 2263-5116

Fax: 2264-2760

Dr. Zavaleta: Pager: 2265-1212

Home Ph: 2280-6375

Dr. Ramirez Cell: 7729-2528

English: Good

**Dr. Ricardo A Burgos**

**Dr. Ricardo Burgos Ventura**

**Dr. Jaime Burgos**

**Dr. Teresa Burgos**

**Dr. Alberto Carias Iribarren**

**Infertility**

*Hospital de la Mujer*, betwn 81 & 83

Avenida Sur Calle Juan J Canas, Col Escalon

Hours: Monday 9:30 am-1pm; 3:30-6:00 pm

Wed& Saturday 9:30 am-1 pm

Tel: 2263-5178 and 2555-1200

Fax: 2555-1217

English: Good

## **OPHTHALMOLOGY**

**Dr. Lourdes Amato de López Beltrán**

**Dr. Carlos Andres Lopez Beltran**

**Dr. Federico Rafael Lopez Beltran**

**Dr. José Francisco Lopez Beltran**

*Centro Panamericano de Ojos*, 91 Ave. Norte

#541, Colonia Escalón

Hours: Mon.–Fri.10am-12pm & 3:30-5pm

Telephone: 2514-4117; 2514-4121

Fax Number: 2265-0221

Home Phone: 2263-0424

English: Good

Telephone: 2265-0265; 2263-2589

Home Phone: 2263-8909

English: Good

## **ORTHOPEDIC SURGEONS**

### **Dr. Gabriel Quesada L.**

*Centro Panamericano de Ojos,*

91 Avenida Nte. #541 Colonia Escalon

Hours: Mon, Thur, Fri, Sat 8:30–11am

& 3:00pm-5:00pm

Telephone: 2265-0234/5

Emergency Tel: 2265-0200

### **Dr. Jaime Flores**

83 Ave. Norte y 3a Calle Poniente #303

Colonia Escalón

Hours: Mon.–Fri.10 am-12:00pm & 3:30-7 pm

Telephone: 2264-2111

Fax Number: 2263-7238

Pager: 2298-1122 Unit # (18494)

English: Good

### **Dr. J. Roberto Fiallos Zapata**

**(Glaucoma Expert)**

29 Avenida Norte y 21 Calle Pte.,

Colonia Medica

Hours: Mon, Thur, Fri & Sat 8:30–11am

& 3:00pm-5:00pm

Telephone: 2225-0225

### **Dr. Hugo Serrano - Pediatrics**

*Edificio Villavicencio, 3a Planta*

Paseo General Escalón y 99 Ave Norte

Hours: Tue., Thur. & Saturday 11am-1pm

Telephone: 2263-6386 & 2212-3024

Cellular: 7887-0810

Home Phone: 2243-6209

English: Good

### **Dr. Emilio Lopez Parker**

*Centro Panamericano de Ojos, 91 Ave. Norte*

#541, Escalón

Hours: Mon-Fri 8:30am-12 noon & 3-5pm

## **ORTHOPEDICS (cont)**

### **Dr. Luis Morales Choto**

*Clinica Insacor*, 73 Ave. Sur #232 Col. Escalon  
Hours: Mon.–Fri. 10:00am-12:00pm & 4:00pm-6:00pm

Saturdays 9:00am-12:00pm Appointments only

Telephone: 2555-3700

Fax Number: 2224-0407

Cellular: 7855-8185

English: Good

E-mail: [ortopediaelsalvador@gmail.com](mailto:ortopediaelsalvador@gmail.com)

## **PEDIATRICS**

### **Dr. Karla Tobar de Ramos**

Av. La Revolucion #334, Col San Benito

(near Sheraton Hotel)

Hours: Mon-Fri. 9am-1 pm and 3-6 pm

Thursday 9 am-12 pm. Sat 9am-1 pm

Telephone: 2243-0171; -0577; -0566

Fax: 2243-0343

Cellular: 7874-2525

English: Good

### **Dr. Jaime Escolán**

Calle La Mascota #780, 2ª planta Local 2-4

Col. Maquilishuat,

Frente a Canchas de Escuela Americana

Hours: Mon-Fri. 9:30am-12pm & 3-5:30pm

Telephone: 2263-3073

Fax Number: 2263-3357

Cellular: 7769-0430

Home Phone: 2263-1748

English: Good

### **Dr. Horacio Iglesias**

*Centro Panamericano de Ojos*, 91 Ave. Norte

#541 Colonia Escalón

Hours: Mon. – Fri. 8:30am-12:30pm & 3-6pm

Telephone: 2265-0228

Fax Number: 2265-0228

Cellular: 7830-9781

Home Phone: 2288-9768

English: Good

## **NEONATOLOGY**

**Dr. Esau Coreas, Neonatologist**

Calle Juan José Canas #4 Colonia Escalón

Hours: Monday – Friday 9:00am-12:00pm

2 -6:00pm appointments only Sat.

Telephone: 2263-5066 2263-4986

Fax Number: 2263-5070

Cellular: 7874-4215

English: Good

Cell: Private

English: Good

**Dr. Gustavo Magana Palma**

*Curujano Plastico*

Blvd Hipodromo #548

Col. San Benito

Ph: 2263-9102; 7885-3120; 7180-2858

English: Poor

**PLASTIC SURGERY**

**Dr. Román Zaldivar**

Calle El Mirador #4618, Colonia Escalón

Hours: Monday thru Friday

Telephone: 2263-2471; 2264-6437

English: Good

**Dr. Eduardo Revelo Giron**

*Edificio Villavicencio, 3a Planta*

Paseo General Escalón y 99 Ave Norte

Local 13

Hours: Mon – Friday 10 - to 12 pm

& 3:30 - 5:00 pm

Telephone: 2263-8188

**PROCTOLOGIST & COLO-RECTAL  
SURGEON**

**Dr. Mauricio Alfredo Trabanino Pacas**

*Plaza Villavicencio* Local 1-12 Paseo General  
Escalón y 99 Ave. Norte  
Colonia Escalón

Tel: 2264-4692

Cel: 7129-5999 or 7883-3872

English: Good

**PSYCHIATRY**

**Dr. Jose Maria Sifontes**

**(Children and adults)**

81 Ave. Norte #410-A Col. Escalón

Telephone: 2264-4106



Cellular: 7833-6280

English: Good

English: Good

**Dr. Milagro Castaneda**

*Condominio Torremolinos*#13, 79 Ave. Norte  
y #a Calle Poniente Col. Escalón

Hours: Mon.–Fri.10am-12pm & 3:30-5pm

Telephone: 2263-5758

Home Phone: 2273-8116

English: Good

**Dr. Daniel Gutfreund, Psychologist**

Calle Las Palmas Pasaje #7 Casa #124

Hours: Mon.-Fri.10am-12 pm & 3:30-5:00pm

Telephone: 2298-5877

Cell: 7887-2615

Fax: Same as above

English: Excellent

**Dr. Jose Miguel Fortin Magaña Jr.**

*Condominio San Benito Flats*

Apto 1-4 Edificio “B” Nivel 1 San Salvador

Calle Loma Linda, Frente a GBM

Telephone: 2211-5149 & 2211-4366

English: Poor

**PSYCHOLOGY & COUNSELING**

**Dr Carla Urrutia de Castillo, Psychologist**

**Educational Testing**

*Edificio. Villavicencio*, 1a Planta Paseo General

Escalón y 99 Ave Norte Centro de Clinicas  
Escalon.

Telephone: 2264-1970

**Dr. Manuel Vides, Pediatrician**

*ADD CENTER SERVYR*

Boulevard Del Hipodromo #513

Hours: Monday - Friday 9:00am – 6:00pm

Telephone: 2243-0430/0478

Fax Number: 2243-7176

Cellular: 7885-7224

English: Good

## **PULMONOLOGY**

### **Dr. Jorge Ramirez Chavez**

*Edificio Villavicencio*

2a Planta Paseo General Escalón

y 99 Avenida Norte Local 2-10

Hours: Mon, Tue, Thu, Fri 3 pm- 6:30 pm

Telephone: 2283-1889 & 2283-1888

Cellular: 7886-4056

E-Mail: erreche@gmail.com

English: Fair

### **Dr. Claudio Rafael Salazar**

*Edificio Villavicencio,*

*Centro De Clínicas Escalón*

1a Planta. Paseo Gen Escalón y 99 Ave Norte .

Hours: Tuesday and Thursday 5 -7 pm

Telephone: 2263-6398

Fax Number: 2264-5183

Cellular: 7729-4556

Home Phone: 2243-3938

English: Fair

### **Dr. Alfredo B. Noyola Cea**

*Edificio Villavicencio, 3ª calle Poniente*

2a Planta, Paseo Gen Escalón y 99 Ave Norte.

Telephone: 2275-4932

Fax: 2275-4933

Or *Clinica Insacor*

73 Avenida sur #232, Escalón

Telephone: 2298-2405; 2298-2412; 2298-5702

Fax: 2224-0407

### **Dr. Miguel A. Arguello**

**(Pediatric Pulmonary)**

*Condominio Balan Quitze; 2nd floor,*

Office #24; Paseo General Escalon

Hours: 10-12:30 pm and 3-5 pm

Saturday 10-12:30

Telephone: 2263-4905

English: Good

## **RHEUMATOLOGY**

### **Dr. Geraldina Castillejos Caceres**

*Clinicade Enfermedades Reumatologicas*

Hours: Monday thru Friday 3 - 6:00 pm

*Clinicas Medicas*

Telephone: 2263-5135

25 Av. Nte. #640, Planta baja, local I

Fax: 2264-2763

Frente a Hospital Profamilia

Cellular: 7851-4425

Telephone: 2225-1450; 2225-0277

English: Good

Mobile: 7886-9464

English: Good

## **SURGERY**

**Dr. Juan Jose Calix Lopez (Gen. Surgeon)**

**Dr. Carlos Figueroa Baldonado**

**(Pediatric Surgeon)** *Condominio MD*

*Centro Medico Escalón #4360*

Apartamento 601 Calle Diagonal

Paseo General Escalón y 85 Avenida Norte

Dr. Luis Edmundo Vasquez #224 Col Medica

Hours: Mon-Friday 10 am-12 pm & 3:30-5 pm

Telephone: 2226-6843

Telephone: 2264-3351

Fax: 2225-7383

Fax Number: 2264-3351

Cellular: 7883-1785

Cellular: 7886-2475

Pager: 2298-1122 Unit #6953

Pager: 2298-1122 unit # (50212)

Home Phone: 2288-0281

**Dr. Jose Roberto Rottman**

English: Good

**(Pediatric Surgeon)**

*Medicentro La Esperanza*

**Dr. Mario Vega (Gen. Surgeon)**

27 Av. Nte., Edificio K, Local 214

*Hospital de Mujer,*

Telephone: 2226-2258

Btwn 81& 83 Ave. Sur Calle Juan J Cañas

Fax: 2225-9291

Col. Escalón

Cellular: 7883-8643

English: Fair

Colonia Escalón

Hours: Mon – Friday 10 -12:00 pm & 3:30-5 pm

**Dr. Ulyses Iraheta (Pediatric Surgeon)**

Telephone: 2257-9444, 2226-4616; 2225-2632

*Hospital de Niños Centro Pediátrico*

Fax Number: 2264-4757

Final 2a Diagonal #222

Cellular: 7820-5542

Hours: Mon – Friday 10 - to 12 pm

Home Phone: 2228-0532

& 3:30 - 5:00 pm

English: Good

Telephone: 2225-3688 ext. 21

**UROLOGY**

Home Phone: 2228-0532

English: Good

**Dr. Erik Leonardo Melgar Salazar**

*Urologia Clinica*

**Dr. Mauricio Alfredo Trabanino Pacas**

*Plaza Villavicencio, local 2-9*

**( Colorectal surgeon)**

Colonia Escalon

*Edificio Villavicencio, 2a Planta,*

Hours: Monday to Friday 8:30 am - 8 pm

Paseo General Escalón y 99 Ave Norte.

Telephone: 2264-8765

Hours: Monday to Friday 8:30 am - 8:00 pm

Fax: 2264-8765

Saturdays 8:30 to 1:00 pm

Cellular: 7899-1773

Telephone: 2264-4692

English: Good

Fax Number: 2264-4692

Cellular: 7883-3872

**Dr. Alberto Vega & Dr. Rene Tiraboschi**

English: Good

25 Avenida Norte y 23 Calle Poniente

#212-D Edificio Medicentro La Esperanza

**UROLOGY**

Hours: Monday to Friday 8:30 am - 8:00 pm

Telephone: 2225-3383

**Dr. Jose Soriano**

Fax: 2225-2766

83 Avenida Norte and 3a Calle Poniente #303

English: Dr. Vega: Poor; Dr. Tiraboschi: Good

## **DENTISTS**

### **Dr. Carlos Roberto Mendez Valencia**

**(Adult Dentist)**

*Villas Españolas* Local B-11 Paseo Gen. Escalón

Hours: Mon-Friday 8 am - 6:30 pm

& Saturday 8 am to 12 pm

Telephone: 2257-6102

Fax: 2263-6559

Email: carlomende@yahoo.com

English: Good

### **Dr. Jose Luis Larin Vasquez**

*Arte Dental*

Paseo General Escalon, 99 Ave. Norte

Villavicencio, Plaza #3-3

Hours: Monday-Friday 8:30 am-7 pm.

Saturday 8:30 am – 1 pm

Telephone: 2264-4209

Emerg: 7769-7071

Fax 2264-4209

Email: [artedental@navegante.com.sv](mailto:artedental@navegante.com.sv)

English: Good

### **Dr. Rony Emerson Rivera**

**Specialist in Odontology and Reconstruction**

Calle El Mariador #5499 Col Escalon

Hours: Monday to Friday 8 am- 12:00; 2:30-6 pm

Saturdays 8 am – 12:00 pm

Telephone 2264-8300

Fax: 2264-8302

English: Good

### **Dr. Francisco Arturo Arguello Miranda**

**(Pediatric Dentist)**

Paseo Gen. Escalon Condominio Balam Quitze

Local 12 San Salvador

Hours: Monday -Thursdays 8:30 - 11:00am

Monday to Fridays 2 - 5:30 pm

Saturdays 8:30 – 12 pm Appts only

Telephone: 2263-2379

Cellular: 7704-1038

Fax: None

English: Good

**Dr. Manuel Arguello Telles**

**(Pediatric Dentist)**

*Condominio Plaza Suiza*

Local LB-12, Alameda ME Araujo

Office Hours: M-F 2-6 pm; Sat 8 am-12 pm

Telephone: 2224-2772/0032

Fax: 2224-2772

English: Good

**Dr. Miguel Rene Ruiz (Orthodontist)**

1ª Calle Poniente # 15-16 Entre 87 y 89

Ave Norte Col. Escalón

Hours: Mon-Friday 2-6 pm; Sat 8-12 pm

Telephone: 2275-6165 & 2263-6308

Fax: None

English: Good

**Dr. David E. Mendoza (Orthodontist)**

Calle Loma Linda #307, Col. San Benito

Office Hours: Monday-Friday

Telephone: 2224-2760; 2298-4065/ 2245-3143

English: Fair

**Dr. Raúl Alfonso Echeverria (Orthodontist)**

7ª Calle Poniente y 79 Avenida Norte

Col. Escalón

Hours: Mon-Friday 8 am - 12 pm & 2- 6 pm

Saturday 8:00 am – 1 pm by Appt

Telephone: 2243-5849

Fax: 2264-5154

English: Good

**Dr. Armando Gutierrez Oriani (Orthodontist)**

Calle La Mascota #780

Colonia Maquilishuat (across from Escuela Americana)

Hours: Monday-Friday 8:30-12:30 & 2:30-6:30

And Saturday 8:30 am – 12:30 pm

Telephone: 2264-6666

Fax: 2264-6556

English: Good

**Dr. Henry Walter Herrera Mena (Endodontist)**

*Villas Españolas*

Local B-16 paseo General Escalón.

Telephone: 2264-1414; 2264-1734

English: Fair

**Dr. Rafael E. Palomo Nieto (Endodontist)**

7a Calle Poniente, # 4626 btwn 89 & 91 Ave Norte

Colonia Escalon

Hours: Mon - Fri 8 am- 12 pm & 2-6 pm

Saturday 8-12 pm

Telephone: 2263-2957 / 2264-4922 /2264-4923

Fax: 2264-4679

Email: drpalomo@statel.com

English: Good

**Dr. Lucas Oswaldo Miralda Martinez**

**(Oral and Maxillofacial Surgeon)**

*Villas Españolas*

Local B 11 Paseo General Escalón

Telephone: 2257-6101; 2263-6559

Cellular: 7861-7832

English: Fair

## OTHER SERVICES

### SOS FOR MEDEVAC

#### International SOS Assistance Inc

3600 Horizon Blvd., Ste 300

Trevose, PA 19053 USA

POC: Ryan Clark

Ph: 011-267-716-2411

Email: [ryan.clark@internationalsos.com](mailto:ryan.clark@internationalsos.com)

Web: [www.internationalsos.com](http://www.internationalsos.com)

### ACUPUNCTURE

#### Dr. Oscar Molina

7a Calle Pte. No. 5

Entre Pje. "D" y Calle La Ceiba

Col. Escalon

Telephone: 2263-2131; 2263-2134

Email: [molinaoscar@hotmail.com](mailto:molinaoscar@hotmail.com)

English: Good

### BONE DENSITY TESTING

#### "Centro de Osteoporosis"

*Condomio Balam Quitze*

Costado Sur Paseo General Escalon

Hours: Monday to Friday 9 am-12 pm; 2-6 pm

Saturdays: 9 am – 12 pm

Telephone: 2263-7099

English: Good

### CHIROPRACTIC

#### Dr. Trevor Clark (DC)

Av. La Capilla No 317, Colonia San Benito

Behind Pizza Hut of Zona Rosa

Hours: Monday, Wednesday, Friday:

7 am-12 pm; 2-5 pm

Tuesday, Thursday: 7 am-12 pm

Telephone: 2243-0777

Fax: 2243-3572

Website: [www.quiropracticaamericana.com](http://www.quiropracticaamericana.com)

English: Good

#### Dr. Rafael Jess Portillo (DC)



Calle La Loma, #5107

Colonia Escalon

Telephone: 2211-4942

Cellular: 7888-9528

Email: [jessspeed@hotmail.com](mailto:jessspeed@hotmail.com)

or rafajessportillo@gmail.com

## **DIABETICS ASSOCIATION**

### ***Asociacion Salvadorena de Diabeticos***

Alameda Roosevelt Final 53 Av. Norte 123

Phone: 2260-5682

Fax: 2260-5680

Email: [agal@saltel.net](mailto:agal@saltel.net), [anagcorteza@telesal.net](mailto:anagcorteza@telesal.net)

Contact Person: Juan Carlos Santucci

## **FITNESS TRAINER**

### **Camy de Santamaria**

Calle y Col. La Mascota #140

Office Hours: Monday to Friday 7 am-6 pm

Telephone: 2224-5112

Fax Number: 2223-0737

Home Phone: 2223-0737

English: Good

## **MASSAGE - THERAPEUTIC**

Andres M. Alvarez

Conchagua #66

Telephone: 7737-2928

## **NUTRITIONIST**

### ***Wollants Clinica de Nutricion y Dieta***

Paseo General Escalon #4018

Hours: Mon-Friday 8 am – 6 pm

Telephone: 2257-1696

English: Good

## **PHYSICAL THERAPY**

### **Dr. Jose Heriberto Guerrero**

Pasaje Dordelly #4417 entre la 85 y 87 Ave Nte

Colonia Escalon

Hours: Monday-Friday 9 am- 1 pm and 2- 6 pm

Saturdays 9 am – 12 pm

Telephone: 2263-7288  
FAX: 2288-1528  
Cell: 7768-8532  
English: Good

**Dr. Julio Galvez**

*Villas Españolas*

Local D-19, Paseo General Escalón

Hours: Monday-Friday 7 am – 6 pm

Telephone: 2275-6818

English: Good

**VETERINARIANS**

**Dr. Alvaro Castejon and Dra. Denise Cahen**

7a Calle Poniente No. 5151

Hours: 8:30-12:00 and 2-5:00 pm (flexible)

Phone: 2263-1321

Cell: 7855-4076

English and French: Excellent

**Dr. Jose Orlando Infantozzi**

*Condominio Balam Quitze*

Costado Sur L, #6-B, Colonia Escalón

Hours: Monday - Friday from 9 am- 12 pm

& 2:30 – 6 pm

Telephone: 2263-7088 or 2263-7201  
Home Phone: 2263-4184

**MEDICAL EQUIPMENT**

**Electrolab Medic**

*Smaller store:* Paseo General Escalon

Btwn 87 and 89 Ave. North

Telephone: 2283-0200 or 2283-0205

*Larger store:* Calle San Antonio Abad #2123,

Frente Colegio Cristobal Colon

Telephone: 2239-9999 or 2226-9360

English: None

**ALCOHOLICS ANONYMOUS**

**Fundasalva**

61 Avenida Norte #169, Colonia Escalón.

Casa No. 10; Just behind Pollo Campero

Hours: Monday and Thursday at 7:00 pm

Telephone: 2298-2233

Contact: Ana Lucia Orantes

Email: [alorantes@ejje.com](mailto:alorantes@ejje.com)

English: None

**Oficina de Servicios Generales**

16 Ave. Norte, 25 Calle Oriente,  
Colonia Magana, San Salvador  
Telephone: 2225-9526  
English: None

And 3:00 p.m. to 5:00 p.m.  
Telephone: 2263-5008  
Fax Number: 2263-5110  
English: None

## **LABORATORIES**

### **Laboratorio Clínico de Diagnostico Hospital de Diagnostico Escalón**

*Edificio Villavicencio*

1aPlanta, Paseo General Escalón y 99 Ave Norte  
Hours: 24 hours, 7 days a week  
Telephone: 2264-3314  
Fax Number: 2264-3310

### **Laboratorio Hospital de la Mujer**

*Hospital de Mujer*

Btwn 81& 83 Ave. Sur Calle Juan J Cañas,  
Col Escalón.  
Office Hours: 24 hours, 7 days a week  
Telephone: 2555-1200  
Fax Number: 2265-1212

### **Laboratorio Clínico Especializado (Clinesa)**

85 Ave Sur y Calle Juan José Cañas  
Hours Monday to Friday from 7 am – 12 pm

### **Laboratories Central**

**(Will send specimens to Quest Lab)**

Condominio MD, First floor.

Diagonal Dr. Luis Edmundo Vasquez, Colonia  
Médica.

Beside of the building there is Beethoven  
pharmacy. Tel. 2225-3161

## **LOCAL PHARMACIES**

### **Farmacia Virgen de Guadalupe**

Sucursal Autopista Sur

Blvd. Los Proceres

Jardines de Monserrat

**Phone:** 2248-2932

**Delivers until 10:00 pm every day except for Sunday.**

### **Farmacia Beethoven (Escalon)**

Paseo General Escalon Edificio Belen #4715

Telephone: 2264-1111

**Delivers to homes until 5 pm**

### **Farmacia (Santa Elena)**

Blvd. Orden de Malta Centro Comercial Arcos

de Santa Elena Local #1-11

Telephone: 2278-1978

**Delivers to homes until 5 pm**

### **Farmacia Virgen de Guadalupe**

(Colonia Santa Elena)

Plaza Montecristo Local 1 y 2 Blvd Orden

de Malta Santa Elena

### **Farmacia San Nicolas (Escalon)**

Paseo General Escalon, Edificio,

Plaza Villavicencio 1a Planta

Telephone: 2283-3040

Call Center for Delivery: 2555-5555

**Farmacia Las Americas “Loma Verdes” (Escalon)**

Avenida Masferrer #414 Col. Escalon

Telephone:, 2263-4211 and 2263-4209

and 2263-0316

No delivery service

Telephone: 2289-1888, 2278-2031

Delivers to homes until 5 pm

**Farmacia Virgen de Guadalupe**

Barrio Sn Jacinto

Calle Marconi Barrio San Jacinto

Telephone: 2289-1888, 2278-2031

Delivers to homes until 7:30 pm